

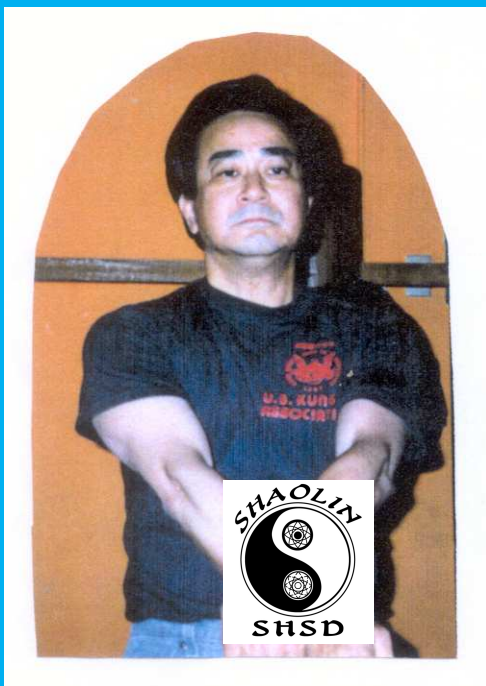
# *Grand Master Chris Chan*



Sifu Chan taught me Wing Chun Kung Fu. The year was 1971, my first year in high school. Ever since the first class I attended, I knew I was never going to stop. I found my purpose.



# *Grand Master Chris Chan*



- Sifu knows all the principles of the entire Wing Chun system. He never stops learning and increasing his knowledge in the art and application of Kung Fu. Theories are a waste of time.



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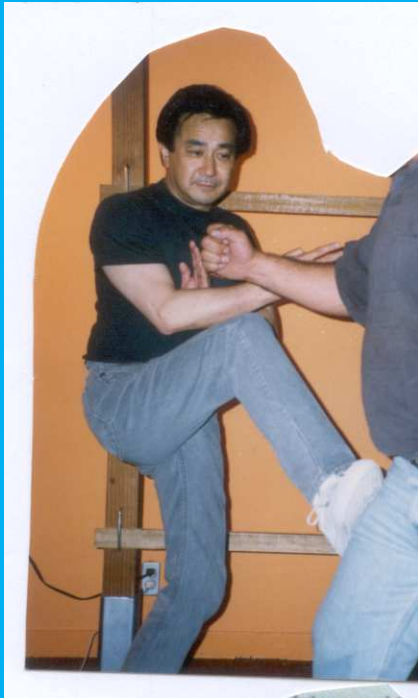
- Sifu's forms are all so beautiful. His angles are perfect. Each move flows with energy that fills the room. In the past, Sifu would do the form once a year for the class as our Christmas present. It was a gift every student in class looked forward to.

# *Grand Master Chris Chan*



- When Sifu touched your hands, he could transmit energy and guide you to feel the flow of his chi. His hands are so fast, smooth, and powerful that no one had a chance. Sifu always said, “It is all in the mind.”

# *Grand Master Chris Chan*



- Though Wing Chun is primarily known for its deceptive hands, Chris used kicks to finish off the opponent. Kicks must never miss, kicks lose 9 out of 10. Sifu never missed.
- *The teachings of Sifu has greatly influenced my life, and I shall forever be grateful.*